

SUMMER 2026

ADULT CLASSES

PLEASE NOTE: 1:1 classes will stay the same as they are now - no need to re-register for those. Below are summer session group classes. Please email Deirdre@musicforlifecenter.com for more information or to register for class(es).

IMPORTANT: To ensure your spot for SUMMER 2026, **FILL OUT THE REGISTRATION FORM** on our class page by clicking the orange “Registration” button and submitting the form. Select **ALL CLASSES** you are interested in taking during Summer 2026. **Space in classes is limited!**

Classes are also listed on our website:

<https://www.musicforlifecenter.com/summerclasses>

Please note, Music For Life will closed on the following days:

Friday July 3rd - July 4th weekend

Mondays June 29th - August 10th (7 weeks)

VIDEO EDITING CLASS

Mondays 9:15-10:30am

Create stories based on nature and the natural world. Build your video shooting, editing and storytelling skills. Participants will learn to edit using Wondershare’s Filmora video editing software.

Goals: Teamwork, storytelling, video taping and video editing skills

TEACHERS: Jeffrey & Autumn FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

SUMMER ART PROJECTS CLASS

Mondays 10:45-12noon

Get ready to grow your creativity with hands-on, summer-inspired art projects! Participants will design and create friendship bracelets, customize their own T-shirts, and explore 3D art using seasonal materials like sand, shells, and more. This fun and engaging class builds artistic skills while bringing the beach vibes right to you—no sunscreen required!

Teacher: Lindsay FEE: \$41 per class (\$282 total)

Location: Nyack

GROUP MUSIC SKILLS CLASS

Mondays 12:45-2pm

Continue to build music percussion skills as you learn how to play music together. Participants will learn how to play percussion parts while singing, sing call-and-response songs and have multiple percussion parts playing at same time. This is a great class to reinforce skills needed to play in a band!

Goals: Music skills, communication and listening skills

Teacher: Brandon & Michael

FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

SMALL BAND CLASS - P.O.P.

Mondays 5-6 pm

Learn how to play in a band in this small class. Learn how to start and stop a song, play in the same tempo with others and share your music with the world! NOTE: Some prior musical skills required for this class so please check with Jeffrey.

Goals: Music skills, self expression and creativity.

TEACHERS: Autumn & Brandon

FEES: \$60 per person per class (\$420 total)

NOTE: Performances will be charged additionally as if a class was held

LOCATION: NYACK

DRUM LINE CLASS - TEEN/ADULT

Mondays 6-7pm

Build your drumming and rhythm skills as you learn how to play in a drumline. Learn to play a variety of common "drum line" beats, how to play together AND how to march and play the drums. The goal is to get the group ready to march in an actual parade.

Goals: Drum skills, movement/coordination and working together

TEACHERS: Dave & Brandon FEES: \$60 per person per class (\$420 total)

LOCATION: NYACK

Tuesdays June 30th - August 11th (7 weeks)

DANCE CLASS

Tuesdays 9:15-10:30am

Let's dance! Learn new dance moves as you start the day with some moving and grooving. Build skills in coordinating your body to music and build your repertoire of fun routines. This popular class always makes for good fun, education, and exercise!

Goals: Dance skills, exercise and cooperation

TEACHER: Autumn FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

OPEN ART STUDIO CLASS

Tuesdays 10:45-12noon

Learn to work with a variety of art mediums in this ever-popular class. Paint, draw, make collage and sculpture! Each class starts with a short art lesson on an artist, medium or

theme. Participants will build skills and then have the opportunity to continue working on their projects.

Goals: Art skills, self-expression & communication

TEACHER: Lindsay FEE: \$41 per class (\$282 total)

LOCATION: Nyack

SMALL GROUP MUSIC MAKING CLASS

Tuesdays 11am - 12noon

Nothing is better than playing music together! Participants will learn the basics of making music in a group including playing together with a steady beat, group singing and movement to music. A variety of songs and musical activities will reinforce skills learned. Participants will learn to play bongos, congas, maracas, rhythms sticks and more. No prior skills necessary.

Goals: Music skills and self-expression

TEACHERS: Brandon & Dia FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

MFL TV SHOW CLASS

Tuesdays 12:45 - 2pm

Learn how to write, act, shoot video, edit and produce a TV show. Participants will share their talents in front of and behind the camera. Participants will learn technology that they can use at home to make their own videos.

Goals: Videography, creativity and cooperation

TEACHERS: Autumn, Michael, & Rick FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

SMALL BAND CLASS - WHATTA BAND

Tuesdays 2 - 2:45pm

Learn how to play in a band in this class with 3 - 4 participants. Learn how to start and stop a song, play in same tempo with others and share your music with the world!

NOTE: Some prior musical skills required for this class so please check with Jeffrey.

Goals: Music skills, self expression and creativity.

TEACHERS: Dia & Angie FEES: \$60 per person per class (\$420 total)

NOTE: Performances will be charged additionally as if a class was held

LOCATION: NYACK

ROCK BAND CLASS - THE ROCK 'N' ROLLERS (CLASS IS FULL)

Tuesdays 4:30 - 6pm

Learn how to play in a rock band! This fun class will help you learn how to sing and play instruments with other people. Bring your voice, guitar, bass, keyboard or other instrument and let's rock!

Goals: Group music skills and working together

TEACHERS: Jeffrey and Angie FEE: \$66 per person per class/ongoing (\$462 total)
NOTE: Performances will be charged additionally as if a class was held LOCATION:
NYACK

TEEN/ADULT CHORUS - ROCKLAND CONSERVATORY OF MUSIC

Tuesdays 5:30 - 6:30pm

Build your group singing skills in the ongoing RCM CHORUS. This class takes place and is billed through the Rockland Conservatory of Music in Pearl River. This is always a popular class!

Goals: Group singing skills, self-expression, and working together

Teacher: Dia FEE: \$43 per class/ongoing (\$301 total) NOTE: Performances will be charged additionally as if a class was held LOCATION: PEARL RIVER/Rockland Conservatory of Music

ADULT MUSICAL THEATRE - MOTOWN MUSICAL REVIEW

Tuesday 5:45-7 pm

Build your singing, acting, and dancing skills in our Summer 2026 Motown Musical Review Participants will explore iconic songs from the Motown repertoire while developing confidence as solo performers and as part of an ensemble. Students will strengthen their vocal technique, stage presence, choreography, and acting skills—all while working collaboratively to bring this high-energy musical experience to life.

Teachers: Rick, Angie, and Sarah L

Fee: \$60.50 per class (\$423.50 total)

Location: Tappan

Wednesdays, July 1st - August 12th (7 weeks)

FILM MAKING CLASS

Wednesday 9:15 - 10:30am

Build your video editing and storytelling skills through making short documentaries. This class will focus on telling a story with a beginning, middle and end about something that's important to you! Use footage you take outside of the class or use found footage and tell a story about something happening in the world.

Goals: Video editing skills, storytelling skills and technology skills

TEACHER: Pascal/Jeffrey FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

GROUP MURAL ART CLASS

Wednesday 9:15-10:30am

Think BIG and create something extraordinary together! In this collaborative class, participants will design and complete large-scale murals while developing skills in painting, pastel, and collage. Students will strengthen their artistic techniques, planning abilities, and teamwork skills as they work side by side toward a shared creative vision. There's nothing more rewarding than watching your ideas come to life on an entire wall!

Goals: Art skills and cooperation
TEACHER: Lindsay FEE: \$41 per class (\$282 total)
LOCATION: NYACK

CHORUS CLASS

Wednesdays 10:45-12noon
Build your group singing skills in the ongoing MFL ADULT CHORUS. This is an always popular class! Focus this SPRING will range from unison singing to 2 part singing to using percussion instruments during singing.
Goals: Group singing skills, self expression and working together
TEACHER: Dia FEE: \$41 per person per class (\$328 total)
LOCATION: NYACK

SMALL GROUP PERFORMANCE LAB

Wednesday 11am-12:15pm
NOTE: This class is for participants with advanced skill on a musical instrument. Participants will learn how to set up and perform in professional environments including farmer's markets, senior centers and restaurants.
Goals: Performing skills, sound system set up and working together
TEACHER: Dave FEE: \$60 per person per class (\$420 total)
LOCATION: NYACK

SPECIAL MEDIA CLASS: TV ANNOUNCER CLASS

Wednesdays 12:45-2pm
Step into the spotlight and develop your on-air presence in this exciting anchor-person experience! Participants will learn how to project their voice, articulate clearly, control pacing, and read scripts with confidence—including news, sports, and entertainment segments. After guided practice, students will be filmed in front of a green screen to create their very own "live broadcast" moment.
Goals: communication skills, builds confidence, and supports both professional and everyday speaking success.
Teacher: Angie and Emily
Fee: \$41 per class (\$282 total)
Location: Nyack

ADULT ART CLASS

Wednesday 3-3:45pm
Explore a variety of art mediums in these fun, creative and social classes. Learn to paint, draw, make collage and work with clay. Learn to share about your projects with your peers.
Goals: Art making skills, self-expression and communication
TEACHER: Liv FEES: \$45 per person per class/ongoing (\$315 total)
LOCATION: NYACK

DANCE CLASS

Wednesday 4-4:55pm

It's time to get down to some exciting dance songs! Dancing is good exercise and it's also a great social activity. Knowing the moves to a couple of dances will make every party so much more fun!

Goals: Dance skills, balance and coordination and fun!

TEACHER: Autumn FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

ROCK BAND CLASS - THE AMPS

Wednesday 5:15-6:15pm

Learn how to play in a rock band! This fun class will help you learn how to sing and play instruments with other people. Bring your voice, guitar, bass, keyboard, or other instrument and let's rock!

Goals: Group music skills and working together

TEACHER: Dia FEE: \$45 per person per class (\$315 total)

NOTE: Performances will be charged additionally as if a class was held LOCATION: TAPPAN

SMALL BAND CLASS - OFF THE RAILS

Wednesday 6-6:45pm

Learn how to play in a band in this class with 3 - 4 participants. Learn how to start and stop a song, play in the same tempo with others and share your music with the world!

NOTE: Some prior musical skills required for this class so please check with Jeffrey.

Goals: Music skills, self expression and creativity.

TEACHER: Brandon FEES: \$60 per person per class (\$420 total)

LOCATION: TAPPAN

Thursday, July 2nd - August 13th (7 weeks)

ZUMBA DANCE CLASS

Thursday 9:45-10:45am

It's time to get down to some exciting dance songs! Dancing is good exercise and it's also a great social activity. Knowing the moves to a couple of dances will make every party so much more fun!

Goals: Dance skills, balance and coordination and fun!

TEACHER: Arianna FEE: \$41 per person per class (\$282)

LOCATION: NYACK

MOVIE MAKING CLASS - SECTION 1

Thursday 9:15-10:30am

Lights, camera, action! In this hands-on filmmaking experience, participants will create an original movie to be featured at Music For Life's Annual Film Festival. Students will step into both on-screen and behind-the-scenes roles—learning acting, camera

operation, lighting, sound, and how all the elements come together to produce a finished film. The script, developed in our Winter Screenwriting Class, will come to life as participants rotate between cast and crew roles, gaining a full understanding of the moviemaking process. This collaborative class builds creativity, confidence, teamwork, and valuable technology skills—all while making a real movie to celebrate on the big screen!

Goals: creativity, confidence, teamwork, technology skills

TEACHERS: Rick, Autumn, & Dia FEE: \$41 per class per section (Section 1 \$282 total, Section 2 \$282 total)

NOTE: MUST SIGN UP FOR BOTH SECTIONS, CLASSES ARE CONNECTED

LOCATION: Tappan

MOVIE MAKING CLASS - SECTION 2

Thursday 10:45am-12noon

Lights, camera, action! In this hands-on filmmaking experience, participants will create an original movie to be featured at Music For Life's Annual Film Festival. Students will step into both on-screen and behind-the-scenes roles—learning acting, camera operation, lighting, sound, and how all the elements come together to produce a finished film. The script, developed in our Winter Screenwriting Class, will come to life as participants rotate between cast and crew roles, gaining a full understanding of the moviemaking process. This collaborative class builds creativity, confidence, teamwork, and valuable technology skills—all while making a real movie to celebrate on the big screen!

Goals: creativity, confidence, teamwork, technology skills

TEACHERS: Rick, Autumn, & Dia FEE: \$41 per class per section (Section 1 \$282 total, Section 2 \$282 total)

NOTE: MUST SIGN UP FOR BOTH SECTIONS, CLASSES ARE CONNECTED

LOCATION: Tappan

ADULT ART CLASS

Thursdays 11am-12noon

Explore a variety of art mediums in these fun, creative and social classes. Learn to paint, draw, make collage and work with clay. Learn to share about your projects with your peers.

Goals: Art making skills, self expression and communication

Teacher: Liv FEES: \$45 per person per class/ongoing (\$315 total)

LOCATION: NYACK

SMALL BAND CLASS

Thursdays 11:15-12:15pm

Build your band skills as you learn how to play music in a group! This fun class will help you learn how to sing and play instruments with other people. You'll play songs from a variety of styles and bands. Focus will be on steady beat, playing rhythms, learning

about melody and building a repertoire of songs.

Goals: Group music skills and working together

TEACHER: Dave FEE: \$60 per person per class (\$420 total)

NOTE: Performances will be charged additionally as if a class was held

LOCATION: NYACK

BUILDING GROUP MUSIC SKILLS CLASS

Thursday 1-2pm

Work in-depth on a variety of fun songs in the Building Group Music Skills Class! Have fun playing many different songs with each other. Try out songs as a duo, trio or quartet!

This is a great class to experiment with different instruments.

Goals: Band skills, self-expression and working together

Teacher: Jeffrey FEE: \$41 per person per class (\$282 total)

LOCATION: NYACK

TEEN/ADULT ART CLASS

Thursdays 5:15-6:10pm

Explore a variety of art mediums in these fun, creative and social classes. Learn to paint, draw, make collage and work with clay. Learn to share about your projects with your peers.

Goals: Art making skills, self expression and communication

Teacher: Liv FEES: \$45 per person per class/ongoing (\$315)

LOCATION: NYACK

TEEN/YOUNG ADULT INTRO ROCK BAND CLASS

Thursdays 5-5:45pm

Learn how to play in a rock band! This fun class will help you learn how to sing and play instruments with other people. Bring your voice, guitar, bass, keyboard or other instrument and let's rock!

Goals: Group music skills and working together

TEACHER: Arianna FEE: \$45 per person per class (\$315 total)

NOTE: Performances will be charged additionally as if a class was held

LOCATION: TAPPAN

TEEN/YOUNG ADULT ROCK BAND CLASS

Thursdays 5:15-6pm

Learn how to play in a rock band! This fun class will help you learn how to sing and play instruments with other people. Bring your voice, guitar, bass, keyboard or other instrument and let's rock!

Goals: Group music skills and working together

TEACHER: Emily FEE: \$45 per person per class (\$315 total)

NOTE: Performances will be charged additionally as if a class was held

LOCATION: Nyack

DRUM LINE CLASS - TEEN/ADULT

Thursdays 6-6:45pm

Build your drumming and rhythm skills as you learn how to play in a drumline. Learn to play a variety of common "drum line" beats, how to play together AND how to march and play the drums. The goal is to get the group ready to march in an actual parade.

Goals: Drum skills, movement/coordination and working together

TEACHERS: Dave FEES: \$60 per person per class (\$420 total)

LOCATION: NYACK

Friday July 10th - August 14th (6 weeks)

GROUP MUSIC CLASS

Fridays 12:45-2pm

Build your group music making skills in this fun class. Learn about steady beat, intricate rhythms, singing as a group and how to play a variety of percussion instruments. This is a great class to learn how to be in a band.

Goals: Group music skills

TEACHER: Emily FEE: \$45 per person per class (\$270 total)

LOCATION: NYACK

TEEN/ADULT BAND - BEACH DOWN

Fridays 4:30-5:30pm

Learn how to play in a rock band! This fun class will help you learn how to sing and play instruments with other people. Bring your voice, guitar, bass, keyboard or other instrument and let's rock!

Goals: Group music skills and working together

TEACHERS: Dave & Autumn

FEE: \$45 per person per class/ongoing (\$270 total)

NOTE: Performances will be charged additionally as if a class was held

LOCATION: NYACK